



## Sample Menu of Teambuilding Activities

*"You can learn more about a person in an hour of play than in an hour of conversation." --PLATO*

### GOALS

When designing and producing teambuilding activities, our primary aim is to help our clients achieve their own employee 'interaction goals.' In general, we believe that teambuilding activities should:

- improve communication skills within a team.
- strengthen relationships among co-workers.
- improve personal growth.
- improve overall employee effectiveness and morale
- enhance group and individual decision making skills.
- stress 'team play'
- be fun

### PROGRAMS

#### Simulated TV Games, Quiz Shows, and 'Reality' Shows

Our mock game shows include simulations modeled after such programs as American Idol ,Who Wants to be a Millionaire?, Who's Line is it Anyway?, Jeopardy, Let's Make a Deal, The Weakest Link, and Name That Tune. Each show is carefully customized to fit client identity. We can use generic or company-specific information. Individual shows normally last approximately one hour, but time can be longer or shorter depending upon preferences and degree of complexity. All programs are hosted by a professional emcee who will also do his best to draw everyone into the activity. We also offer mock reality show activity packages emulating reality shows like Survivor (ask for separate synopsis). Setting can range from very basic to authentic TV-type set with sound, lighting, backdrop, signage, décor, podiums, and the like.

#### Murder Mystery Experience

A 'spoof' dramatic production featuring professional actors and actresses. As a team building activity, the event is designed so that selected groups are forced to work together to a common purpose. Prior to the event, a program is selected from over 25 choices. The topics include such themes as Foul Play, Winning is the Name of the Game, The Curse of the Scroll, The Widow Wore Chartreuse, Tumultuous Takeover, Murder in Spades, Shake Rattle and Die, and more. Another option would be to develop a client-specific 'back-line story' and mock setting or situation. Traditionally, during a pre-event mix and mingle session (or luncheon/dinner), the actors interact within the group, dropping clues and revealing evidence. An altercation may take place to arouse the interest of the crowd. Just prior to dinner, the detective usually introduces himself and makes a few announcements concerning the rules of the game. Next, the murder occurs. An investigation is conducted and suspects are questioned. Toward the end, the detective answers more questions and turns the suspects over to the crowd in an open 'forum-type' question and answer period. The guests then decide—individually or as a group—"whodunit." The show concludes with the detective going over the clues and evidence and revealing "the killer." Award ceremony with prizes optional.

### **Improv Experience**

Murder mystery package can include an intriguing, comedic “improvisational” component, in which members of the audience interact with performers in a series of engaging and hilarious “make it up on the spot” story line presentations.

### **Corporate Mini-Olympics**

This activity provides a perfect opportunity for guests to interact in a way this is both fun and challenging. The concept utilizes a “sports” motif in a mock “Olympic” setting. This program is designed to bring people together in an upbeat atmosphere. A prime outcome is that participants will know and understand each other better as they enjoy a cooperative and competitive yet fun-filled experience together. The activity is sure to generate a sense of camaraderie and esprit de corps and it’s a proven way to guarantee a good time. The event includes an emcee who will provide music and sound. The team includes floor manager(s) to assist the emcee and the participants—as well as keep score. All equipment for the games is included. Games and activities are designed with the particular group in mind and do not necessarily require physical strength, agility, etc. Some activities are “mental” and require team cooperation. There will be something for everyone and no one will be intimidated. Teams will be formed and after a warm-up the games begin. Teams score not only by winning or placing in events—but also by being creative and cheering for their teammates. Olympic awards ceremony and prizes can be built into the activity. The Mini-Olympics almost always has the participants walking away from the experience laughing and retelling the highlights. (If this activity is selected, a more detailed description to be presented).

### **Day at the Races**

This activity simulates an outing in which the entire group is at a racetrack. All bets are placed to win, and odds are adjusted for each horse. Get ready, get set, as you hear the call to post “...and they’re off!” Everyone will have a chance to make wagers on his/her favorite horse using “funny money.” The basic program includes (6) color races on VHS tape, race programs, emcee to call each race, cashier to take bets, and “funny money” for betting. Options include: betting windows, customized race programs, customized “funny money,” jockey girls” to work as bet runners, cashier, photographer, “Winner Circle” photos, odds board to calculate odds on each horse, trumpeter to play “Call to the Post” for each race, and AV Equipment (VCR, TV Monitor or projector & screen, microphone and sound system).

### **All-American Idol**

Perhaps the most creative, yet hilarious group event of all. Each team must design a company ‘commercial’ incorporating certain basic criteria. Each is given a large box of random novelty items (clothing, silly trinkets, hats, toys, etc.) all of which must be used as the entire team performs the commercial ‘live’ in front of the entire group. Each team member must participate and all decor and novelty items must be utilized in the presentation. Presentation must contain elements such as music, movement, slogans, and more. Instructional session is held for entire group at start, followed by ‘creative’ sessions in which teams design their program. Our coordinators assist groups throughout. Production is completely organized and produced by our professional staff from start to finish.

## **Employee Talent Show**

We conduct a talent search and “tidbit” survey, hold auditions and rehearsals, help write parodies and company songs, provide emcee, choreographers, lighting, staging, props, easy to learn cassette recordings, stage hands, and a director. Company supplies the “raw talent” (people). Elements such as panel of judges, categories of awards, and prizes tbd in planning phase.

## **Scavenger Hunt**

A fully planned and executed exercise than has teams following ‘clues’ around a prescribed route, either in a neighborhood or across the city. Each team is given a packet of rules, hints, maps, and the like—all of it pertinent to their finding their way along the course. They must return to the finish point with ‘proof’ they have located pre-designated items or visited specific locations.

## **On -Location Challenge Experiences**

*Note: As a general proposition, we refrain from exposing participants to blatantly dangerous or irresponsible activities considered ‘extreme.’*

For groups desiring a more physically challenging team building experience, we offer the following: (All events coordinated by trained staff, or where applicable, certified professionals, from beginning to end)

- *Rock and Wall Climbing Course*...professional guide, equipment, and instruction included
- *Ropes and Objects Course*...a mini-version of ‘Basic Training’ complete with drill sergeants
- *Sailboat Regatta*... Learn the basics of ‘sailing’ in teams, then teams compete in a real regatta using small sailboats. Each vessel has assigned professional ‘captain’ who doubles as teh vessel’s official ‘safety officer.’
- *Paintball Warfare*...The ultimate non-lethal war game
- *“Lost in the Shenandoah”* ...a day long ‘find your way back’ field exercise in the real Shenandoah valley and mountains
- *“Build it... and They Will Win”* ...participating teams compete to build a product, piece of art, vehicle, invention, or other object based on pre-determined criteria, parameters, and materials

## **OPTIONAL ELEMENTS**

*Note: All programs involve an emcee or key personality who serves as overall coordinator.*

- Cheerleading squad in costume
- Marching Band or ‘Pep’ Band in uniform
- Mini ‘Olympic Stadium’ set and props
- Fireworks display (evening awards ceremony)
- High-tech Lighting package
- Premiere Awards Ceremony Staging, custom “set” and pedestals
- Murals and related decor
- Customized banners and signage in selected color motifs
- Customized team flags and logos (around central corporate theme)
- Digital Photography Package (cataloguing of activities and posting of photos and corporate message on specially created Web page dedicated to the event)